

Sheila E. Karrow, BFA, BEd, MEd

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Formal Education

- 2019-24 PhD Candidate in Curriculum Studies, *Decolonizing an Art and Teaching Practice through Relational Ways of Being*, University of Victoria.
- 2011 Masters in Art Education (Curriculum Studies), *Relationship Building: A Narrative from Nature*, Faculty of Education, The University of Victoria.
- 1993 Bachelor of Education (Senior/Intermediate Division), Faculty of Education, The University of Western Ontario.
- 1992 Bachelor of Arts (Honours Fine Arts, English Minor), Faculty of Arts, The University of Waterloo.

Academic Distinctions, Awards, and Scholarships

- 2024 Elementary Art Teacher of the Year Award, BC Art Teachers Federation, Vancouver.
- 2020 Dr. Marion Porath Scholarship, University of Victoria, Victoria, BC.
- 2018-20 Gwaii Trust Education Grant, Skidegate, Haida Gwaii, BC.
- 2008-10 Gwaii Trust Education Grant, Skidegate, Haida Gwaii, BC.

Academic Positions and Teaching Experience

- 2023-25 Grade 2/3 teacher at Palsson Elementary, SD79, Lake Cowichan.
- 2020-23 Grade 2-4 teacher at Mill Bay Nature School, SD79.
- 2016-21 Professional Development workshops and lecturer in Art Education and Indigenous Studies at various school districts, and for BCATA.
- 2019-21 Sessional Instructor (EDCI-307A: Art in the Elementary Classroom, AE 306: Painting), Curriculum Instruction, University of Victoria, Victoria, BC.
- 2019-20 Coordinator for Salish Weave Project, University of Victoria, Victoria, BC.
- 2019-20 Research Assistant, Indigenizing Post-Secondary Teaching, University of Victoria, Victoria BC.
- 2019-2020 Exploratory Art teacher, grade 5-7, Cedar Hill Middle school, SD61, Victoria.
- 2018-20 TTOC Victoria School District 61, Victoria, BC.
- 2019 PechaKucha Presentation for CSEA, Vancouver.
- 2010-18 Kindergarten teacher at Haida Gwaii School District 50, Haida Gwaii, BC.
- 2008-10 TTOC Haida Gwaii School District 50, Haida Gwaii, BC.
- 1993-97 Senior/Intermediate English and Art Teacher, St. John's Kilmarnock School, Breslau, ON.
- 1992-93 TTOC for Waterloo County School District, Waterloo, ON.

PUBLICATIONS AND MEDIA

- 2025 BCATA (BC Art Teachers journal), *A Relational Inquiry into Place through Science and Art*.

2025	<i>Decolonizing an Art and Teaching Practice</i> , Haida Gwaii Trader, Daajing Giids, Haida Gwaii.
2024	<i>Artists visiting Artists</i> , Haida Gwaii Trader, Daajing Giids, Haida Gwaii.
2021	BCATA (British Columbia Art Teachers Journal), <i>Bringing Art to the Students: Coast Salish Art in the Classroom</i> .
2020	Cover Image for EECOM, Brock University, Hamilton, ON.
2016	Cover Image for Canadian Perspectives in Initial Teacher Environmental Education Praxis, CATE, ON.
2016	<i>SICK</i> , book publication, Healing + Art Collective, Haida Gwaii, BC.
2016	<i>Reflections -Celebrating 15 Years of Gwaii Trust</i> , book publication, Haida Gwaii, BC.
2016	BCATA Journal, <i>The Red Naw: Educational Improvisations in a High Tide Environment</i> , Vol. 57, University of Victoria, Victoria, BC.
2015	<i>Painting on the Edge</i> book publication, Federation of Canadian Artists, Vancouver BC.
2014	<i>Tidal Metaphor</i> DBA presentation of student project, David Suzuki Foundation, Skidegate, BC.
2013	<i>Canada's Raincoast at Risk</i> , book publication and fundraiser, Raincoast Conservation Foundation, BC.
2013	CFTK TV interview, <i>Open Connection</i> , Terrace, BC. https://www.youtube.com/watch?v=KOdrf9b5ghw
2012	BCATA journal, <i>Sustainable Moments in Outdoor Education</i> , Vol. 51, University of Victoria, Victoria, BC.
2012	<i>The Giving Trees</i> , Artstarts project book publication, Kiki van der Heiden, Haida Gwaii, BC.
2009	<i>Storm Surge</i> , article in Northward Magazine, Smithers, BC.
2005	Calendar cover image, Northern Savings, Prince Rupert, BC.
2002	<i>Sustainable Agricultural Landscapes</i> , Millennium Exhibition book publication, Soil Council of Canada.
2001	CKCO TV interview for art show: <i>Earth Heir</i> , Kor gallery, Kitchener, ON.
2000	Calendar cover image, Broken Fence Society, Toronto, ON.
2000	CKCO TV interview for art show: <i>Urban Nature</i> , Kitchener City Hall, ON.

GRANTS FOR ART SHOWS AND ABR SCHOOL PROJECTS

2022	Artstarts grant, <i>The Living Canoe</i> , K-4 Salish Canoe multi-disciplinary project with felting, natural dye making and Hul'q'umi'num lang., 3700.00, SD79, Mill Bay, BC.
2018	Artstarts and Gwaii Trust grant, <i>Identity Maps Project</i> , student art show, 6000.00, Haida Gwaii Museum, https://www.facebook.com/watch/?v=1516619838407910 https://gwaiitrust.com/featured-projects/sd50-identity-maps-project/?fbclid=IwY2xjawFuNztleHRuA2FlbQlxMAABHTC98JKLefyuR8uWHbQ2xy816nG8kobYvE0u4vKu5Avpn2UKaNUlkqiQA_aem_JpD_76WVVvgk1cQ3E3Y6g

2017	Success by Six grant, <i>Indigenous Learning in the Classroom with Haida Immersion</i> , 1050.00, SD50, Skidegate, BC.
2017	Artstarts grant, <i>The Stewardship of our Food</i> , multi-media and age project, 1418.00, SD50, Skidegate, BC.
2017	Northern Savings Credit Union grant, Kindercook classroom project, 800.00, SD50, Skidegate, BC.
2016	Northern Savings Credit Union grant, <i>The Giving Bowls</i> , multi-age school art and culture project, 1355.00, SD50, Skidegate, BC.
2016	Success by Six grant, Outdoor Education: classroom set of outdoor rain suits, 2200.00, SD50, Skidegate, BC.
2015-16	Artstarts grant, <i>The Healing Trees</i> , multi-age arts and wellness project, 3070.00, SD50, Skidegate, BC.
2015	Success by Six grant, Kindercook program, 600.00, SD50, Skidegate, BC.
2015	Northern Savings Credit Union grant, Kindercook program, 600.00, SD50, Skidegate, BC.
2014	Artstarts grant, <i>The Tidal Metaphor</i> , multi-grade Science, Music, Haida language and Art project, SD50, Skidegate, BC. (featured exhibition by Artstarts Gallery, Vancouver, BC.) https://artstarts.com/blog/the-giving-trees-of-haida-gwaii
2012	Success by Six grant, Kindergarten Playground renewal, nature and culture focussed, 5611.00, SD50, Skidegate, BC.
2011	Artstarts grant, <i>The Giving Trees</i> , multi-grade art, science, and Haida language project, 2000.00, SD50, Skidegate, BC. (exhibited at Artstarts gallery, Vancouver BC, see film documentary: https://vimeo.com/73798246 .)
2005	Gwaii Trust, art travel exhibition grant, 700.00, University of Laurier, Waterloo ON.

ART EXHIBITIONS

Awards

2021	Honourable mention, CVAC, Duncan. BC.
2017	First Place, International juried exhibition, Federation of Canadian Artists, Vancouver BC.
2001	Richlyn Nursery award, <i>Insights</i> juried show, Wellington County Museum, Fergus, ON.
2000	First Place, Broken Fence Society annual juried art show, Toronto, ON.
2000	Provincial award winner, SCC Millenium Project, National juried travelling show across Canada, 2000.
2000	Landscape award, <i>The Lasting Inspiration</i> , Praxis Gallery, Toronto, ON.
2000	Third place, Kitchener Society of Artists, Rotunda Gallery, Kitchener, ON.
1999	Doris McCarthy Landscape award, Wellington County Museum, Fergus, ON.
1999	Richlyn Nursery award, Wellington County Museum, Fergus, ON.
1998	First, Second, and Third place, Seasons competition, City of Kitchener, ON.

1998 Honourable mention, Kitchener Society of Artists juried show, Kitchener Art Gallery, ON.

Community Art Teaching

2025 Online-art instruction, Vancouver Regional Island Library.
2020-22 Online-watercolour painting, private group classes, Victoria and Duncan, BC.
1984-2018 Private Studio, group and individual art classes, Queen Charlotte, BC, and Waterloo, ON.
1998-2018 Art classes for all ages in drawing and painting: Haida Gwaii Museum, Skidegate, BC, NW Community College, Queen Charlotte, BC., Terrace Art gallery, BC, Prince Rupert Arts Council, BC, Kitimat Art Centre, BC, Smithers Art Gallery, BC, Sun Studio, Queen Charlotte, BC, Waterloo Community Art Centre, ON, Kitchener Parks and Recreation, ON, Woodstock Art Gallery, ON.

Solo Exhibitions

2021 *Mycelium Forest: Place Makers and Participants in Time*, CVAC, Duncan BC.
2014 *Retrospective: Place-Based Connections*, Smithers Art Gallery, Smithers, BC.
2012 The Ground restaurant, Masset, BC.
2010 Masters work, digital show reel presentation and show, University of Victoria, Victoria, BC.
2007 *West Coast Art*, Sitka Studio, Tlell, BC.
2006 *Changing Spaces and Places*, Museum of Northern British Columbia, Prince Rupert, BC.
2006 *Land and Sea of Haida Gwaii*, Terrace Art Gallery, Terrace, BC.
2005 *Protection*, Wilfrid Laurier Art Gallery, Waterloo, ON.
2005 *Changing Places*, On the Rock Gallery, Queen Charlotte, BC.
2003 *Agricultural Landscapes*, Dufferin County Museum, Rosemont, ON.
2002 *Kairos: Retrospective of 10 Years Work*, Tyndale college, Toronto, ON.
2002 *Plein Air Sketches*, Terrace Art Gallery, Terrace, BC.
2002 *Succession: Our Changing Landscape*, Homer Watson Gallery, Kitchener, ON.
2002 *Portraits and Landscapes*, Clarica gallery, Waterloo, ON.
2001 *Earth Heir*, Kor Gallery, Kitchener, ON.
2001 *Looking Inward: Cree Land, inspired by the people and landscape*, Moose Factory, ON.
2000 *Urban Nature*, Rotunda Gallery, Kitchener City Hall, ON.
2000 *Artist and Parent*, Clarica gallery, Waterloo, ON.

Group Exhibitions and Shows

2022-25 Regular Juried shows, Federation of Canadian Artists, Nanaimo and Vancouver, BC.
Landscape show, CVAC, Duncan, BC.
2018-21 Annual Faculty Art show, University of Victoria, BC.

2015-20	Annual and Seasonal exhibitions with the Federation of Canadian Artists, Granville, BC, Victoria Art Gallery, BC.
2017-18	Artist in Residence, Gwaii Haanas, Parks Canada, Haida Gwaii Museum, Skidegate, BC.
2016	<i>Sick</i> , group art show on healing and wellness, Haida Gwaii Museum, Skidegate, BC.
2005-15	All Islands Art Show, Haida Gwaii Museum, Skidegate, BC.
2014	Breast Cancer Awareness group show, Terrace Art Gallery, Terrace, BC.
2010	Masters Group exhibition, University of Victoria, Victoria, BC.
2007-08	<i>Artists of the New Moon</i> , group show, Visitors Centre, Queen Charlotte, BC.
2008	Juried Members show, Terrace Art Gallery, Terrace, BC.
2008	Children's Educational Art show, Museum of Northern British Columbia, PR, BC.
2004	International on-line symbolist art show, Denman Island, BC.
2001-03	Colour and Form juried art shows, Toronto Convention Centre, BC.
1999-2003	<i>Insights</i> , juried art shows, Wellington County Museum, Fergus, ON.
1998-2001	Annual and seasonal juried art shows with the Kitchener Society of Artists, Kitchener Art Gallery, ON.
2002	<i>Mythopia</i> , seven person curated art show, Here and Now gallery, Toronto, ON.
2002	Disappearing Landscapes, juried art show, Headwaters Art Festival, Caledon, ON.
2002	Group Landscape show, Harbinger Gallery, Waterloo, ON.
2001-02	Broken Fence Society annual juried art shows, Toronto, ON.
2001	<i>Quiet Landscapes</i> , curated seven person art show, Dufferin County Museum, Fergus, ON.
2001	Art in Motion, group art show, Woodstock Art Gallery, Woodstock, ON.
2001	<i>Evidence of Things Unseen</i> , juried group show, Tyndale College, Toronto.
2001	Earth Week Art Show, curated six person show, Grand Valley, ON.
2000-01	<i>Landscape: The Lasting Inspiration</i> , Praxis Gallery, Toronto, ON.
2000	Soil Council of Canada Millennium Exhibition, National touring exhibition, CA.
1998-99	Artworks, Kitchener City hall, Kitchener, ON.
1998	Seasons Art Show, Waterloo City Hall, Waterloo, ON.
1994	Paris Art Show, Fine Arts Gallery, University of Waterloo, ON.

Community and Art

2024	Place-based art show, Palsson students, Ministry of Education, Victoria, BC. Mycelium Project student art display at VIR Library, Lake Cowichan.
2021-23	Cowichan Valley Arts Council board member, Duncan, BC.
2021	Nature Art show, Mill Bay students, Ministry of Education, Victoria, BC.
2009-19.	Gwaii Trust Arts Board Member, Haida Gwaii, BC, http://www.gwaiitrust.com
2010-18	Annual Student Art shows in Queen Charlotte and Skidegate, Haida Gwaii Museum, BC.
2012-16	Artstarts juror, Vancouver, BC.
2010-14	Coordinator for SD50 District Art Fair, Haida Gwaii, BC.
2008-14	Graphic facilitator, Gwaii Trust and Farm to School Project, Haida Gwaii, BC.

2013 Student All-Islands Art show, coordinating committee, Port Clements, BC.
2008-10 Marine Advisory Council for Parks Canada and Haida Nation, Skidegate, BC.
2008-09 Coordinator for All Islands Art Shows, Haida Gwaii Museum, Skidegate, BC.
2005-2009 Art Instructor, contract work for Potlatch, SD50, Haida Gwaii, BC.
2008 Graphic Facilitator, PNCIMA forum, Richmond, BC.
2004-08 Coordinator for Studio Tour and Art Route, Haida Gwaii Arts Council, Haida Gwaii, BC.
2007 Coordinator for Arts in All-Islands Energy Symposium, Skidegate, BC.
1997-1998 President for K-W Society of Artists, Waterloo, Ontario.

References

Ms. Vicki Ives, Principal at Ruth King Elementary School, Victoria, BC.
250-550-8763 vives@sd62.bc.ca

Ms. Leighann Rodger, Principal at Sk'aadgaa Naay School, Skidegate, BC.
250-559-8889 lrodgers@sd50.bc.ca

Dr. Mike Emme, Art Education, University of Victoria, BC.
250-721-7896 memme@uvic.ca